

Dear {{Person-First}},

You're nearly here! To help with getting your new life comfortable and secure, here are some general reminders:

Quick Tasks	GEs only
<ul style="list-style-type: none"> Complete the online orientation. 	<ul style="list-style-type: none"> Verify and accept your GE appointment. Complete the mandatory GE Training. Verify Language Proficiency.
Common U.S. Laws and Ordinances	
<ul style="list-style-type: none"> The legal age for smoking and consuming alcohol is 21 in Oregon. Be sure to familiarize yourself and follow traffic signs and parking regulations before driving. There are strict laws about unattended children. For more information on housing rights and responsibilities, click here. 	



Visit our Graduate Student Lounge in Susan Campbell Hall to study, meet friends, and more.

Weaving a safety net for the long term
<ul style="list-style-type: none"> Basic needs resources (food, housing, finances, childcare, and more). Create a budget or access financial coaching – available for free to UO students. Begin connecting with your neighbors and familiarizing yourself with campus: <ul style="list-style-type: none"> Eugene campus map PDX campus map Taking care of your mind and body: <ul style="list-style-type: none"> Duck Nest Wellness Recreation Center

More information is available on our [International Student Portal](#), and we are here to help you along the way. Please contact your program directly for support -or- view this [list of contacts](#) for various types of questions.

We can't wait to meet you in person!

Division of Graduate Studies
graduatestudies@uoregon.edu



University of Oregon | Division of Graduate Studies

1219 University of Oregon, Eugene, OR 97403

541-346-5129

graduatestudies.uoregon.edu